2019 Substantial Gainful Activity

To be eligible for disability benefits, a person must be unable to engage in substantial gainful activity (SGA). A person who is earning more than a certain monthly amount (net of impairment-related work expenses) is ordinarily considered to be engaging in SGA.

Amounts for 2019

The monthly SGA amount for non-blind individuals for 2019 is \$1,220. SGA for the non-blind disabled applies to Social Security and SSI benefits.